

## Skin Therapies

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HYDROGLOW VITAMIN C 50 min   \$220 Address pigmentation concerns with this intensive brightening facial. A potent dose of Vitamin C, gentle exfoliants, and barrier-supportive ingredients instantly boosts radiance for a more even complexion.
<b>ADVANCED REJUVENATION</b> 50 min   \$220 Designed to address all major signs of aging, this transformative treatment is powered by high performance peptides and clinical grade actives. These advanced peptide technologies visibly improves skin elasticity, softens fine lines and improves overall skin texture.
MOISTURE INFUSION 50 min   \$220 This hydrating treatment quickly replenishes moisture while restoring the skin's natural barrier. Triple weight hyaluronic acid and a patented peptide technology work together to bring skin into balance by plumping, improving moisture retention and increasing radiance.
CALMING RECOVERY 50 min   \$220 This calming treatment addresses sensitivity concerns as it helps to remedy a compromised skin barrier. A soothing blend of anti-inflammatory botanicals, gentle hydrators, and anti-redness peptides works fast to balance skin and increase its resilience and luminosity.
An exotic cocktail of Goji, Pomegranate, Acai, and Bilberry creates a refreshing enzymatic fruit puree that dissolves lifeless cells while their seeds gently buff them away. These deliciously aromatic superfruits are packed full of vitamin C, minerals, proteins, and age-defying antioxidants to leave the skin looking smooth and vibrant.
Skin Therapy ENHANCEMENTS
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Included during the treatment time
<b>DERMAFLASH</b> \$25 Reveal smooth, glowing, fuzz-free skin with safe and gentle sonic exfoliation.

 KNESKO EYE
 \$25

 KNESKO LIP
 \$25

 KNESKO FACE
 \$50

Firm, lift and hydrate the skin with gemstone infused collagen masks.

## Water + Body Therapies +

## CITRUS RITUAL ...... 100 min | \$420 Known as Alvadora's signature treatment, the citrus ritual begins with a full body double exfoliation while water gently cascades from above. Enjoy the waterfall shower, relax in the garden tub and private patio area featuring our raindrop shower and fireplace. The ritual concludes with a customized massage tailored to one's individual needs. Utilizing true essences of the Mediterranean, this aromatic experience provides a re-mineralizing and purifying effect. Desert salts polish the skin while healing clays balance and renew the body. The retreat concludes with a customized massage tailored to one's individual needs. Relax into a soothing bath infused with CBD, Magnesium Epsom Salt, and the calming essential oils of Lavender and Bergamot. Continue the therapeutic journey with a full body scrub, utilizing gentle and invigorating Coconut Sugar + Dead Sea Salts + CBD to renew, polish, and hydrate your skin. The organic hemp-derived CBD penetrates and heals your skin while the beautiful aromas of Palo Santo, Orange, and Vanilla essential oils take you away into a dream like bliss. Experience glowing skin after a full body wrap and soothing massage using a Rosehip and Lavender infused massage oil to lock in moisture, relax tight muscles, and alleviate aches and pains. Our signature scent Neroli blends with hydrating sugar in this full body exfoliation followed by a relaxing application of warmed Neroli oil. RECOVERY ALOE WRAP ------ 50 min | \$220 The healing and moisturizing properties of aloe and lavender are unrivaled relief for skin stressed by sun or dry

climate. Let us first wrap you in soothing aloe gel before massaging your scalp and feet, then nourishing the skin with

a deeply hydrating lotion.

+	Massages	<b>Therapies</b>	+
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<b>DESERT SAGE SALT STONE</b>			
An immensely relaxing massage using warmed Himalayan pink salt stones that help to alkalize the skin, remineralize the body, and balance the mind while aromas of Sage, Juniper and Cedar ground and purify.			
MIND & BODY RENEWAL			
An aromatic journey that targets the energy centers of the body with Kanya's unique chakra balancing remedies. This expertly customized aromatherapy experience will transport guests into a realm of pure relaxation and comfort.			
<b>ROYAL MASSAGE</b>			
This traditional treatment massage is customized to meet your specific needs. With pressure ranging from light to firm, it will soothe and relax the body, improving circulation, relieving tension and easing muscle fatigue.			
<b>CBD RECOVERY</b>			
Induce deep relaxation and healing with our artisan-crafted, aromatic CBD massage. Infused with six pain-relieving herbs like arnica, ginger, and broad-spectrum organic hemp CBD. This massage is designed to induce deep relaxation and relieve pain associated with arthritis, sprains and strains.			
MOTHER NURTURE offered in the 2nd and 3rd trimesters			
Tailored specifically to the needs of pregnancy, this full body massage will soothe body aches and muscle tension all while relaxing the mind.			
WELLNESS REFLEXOLOGY 50 min   \$210			
Rooted in ancient healing practices, this specialized foot therapy reveals a map of the body. A technique of applied pressure to reflex points stimulates the nervous system inducing deep relaxation and restoring inner balance.			
<b>ENERGY HEALING</b>			
A restorative healing practice that promotes wellness and deeply relaxes through light touch. Energy flows through the therapist's hands to areas of need, restoring balance within and connecting you to your higher self.			
Massage Therapy ENHANCEMENTS			
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RECOVERY FOOT \$45

Pure essential oils of peppermint and tea tree blend in a soothing lotion massaged into the feet to uplift and revive while gentle heat soothes and relieves soreness. REVITALIZING SCALP \$30

Included during the treatment time

An invigorating blend of rosemary and nourishing plant oils massaged into the scalp.

MOISTURE INFUSION

A skin nourishing blend of Shea butter and coconut oil added into any of our specialized Massage Therapies.