

ALVADORA

S P A at R O Y A L P A L M S



Services



ROYAL PALMS
RESORT AND SPA

✦ Massages ✦

MIND & BODY RENEWAL

This aromatic journey targets the energy centers of the body with Kanya's unique Chakra Balancing remedies. Your service provider will expertly customize your treatment experience by crafting the perfect blend of aromatherapy oils.

50 minute | \$210 • 100 minute | \$420

CUSTOM MESSAGE

This treatment will be customized to your specific needs, using various pressure and techniques.

50 minute | \$205 • 100 minute | \$410

HOT STONE MASSAGE

A perfect combination of heat and gentle pressure brings relief to tense muscles and sore joints, releases stress, and connects you to the peaceful environment of Alvadora.

50 minute | \$210 • 100 minute | \$420

HIMALAYAN SALT STONE MASSAGE

A highly relaxing massage using Himalayan pure pink salt stones. It alkalizes the skin full of minerals to replenish the body and balance the effects of toxic frequencies we live with every day.

50 minute | \$210 • 100 minute | \$420

PRENATAL MASSAGE *offered in the 2nd and 3rd trimester only*

Designed for those mothers-to-be, this full body massage will soothe body aches and muscle tension. Not available during the 1st trimester.

50 minute | \$205

REFLEXOLOGY

Using a combination of massage and pressure points on the hands and feet that correspond to specific organs and muscles, this specialized treatment will leave you feeling balanced and rejuvenated.

50 minute | \$210

CBD ENHANCEMENTS

If you are seeking relief from tight muscles or extra stress, enjoy a CBD enhanced treatment. CBD will deeply relax your body & mind while restoring your equilibrium.

MASSAGE OIL UPGRADE \$45

SCALP TREATMENT \$40

FOOT TREATMENT \$40

Add to any 50 minute or more treatment. Included within treatment time.

Nail Services



SIMPLY CITRUS

Manicure 25 minute | \$55

Pedicure 25 minute | \$75

CITRUS HONEY BLOSSOM

Manicure 45 minute | \$75

Pedicure 45 minute | \$95

SHELLAC

Shellac Manicure 45 minute | \$90

Shellac Pedicure 45 minute | \$110

Nail Therapy ENHANCEMENTS

**to be added into any nail therapy service*

GEL POLISH SOAK \$30 | FRENCH APPLICATION \$25 | PARAFFIN TREATMENT \$25

Signature Citrus Body Therapies



CITRUS RITUAL

Known as Alvadora's Signature Ritual, the Citrus Ritual begins with a full body exfoliation, while water gently cascades from above. Relax in our garden tub and private patio area featuring our raindrop shower. This ritual is completed with a customized massage.

100 minute | \$420

ORANGE BLOSSOM BODY BUFF

Using our signature scent of Neroli, this full body exfoliation softens and renews the skin. The treatment is completed with an orange blossom oil application.

50 minute | \$220

Facials



CUSTOM FACIAL

Alvadora's signature custom facial is personalized just for you. Whether your skin needs hydration, clarifying, rejuvenating, or a calming treatment, our facial artisans will customize the perfect treatment for you.

50 minute | \$220

THE ROYAL FACIAL

Celebrate our resort's 75th Anniversary as royalty during this Gold Repair Facial. Experience the benefits of Knesko products that Firm, Lift, and Hydrate, while you relax the mind, rejuvenate the skin, and rebalance the spirit.

50 minute | \$270

Facial Therapy ENHANCEMENTS

**to be added into any facial therapy service*

HYDRATING SCALP \$30

KNESKO EYE \$25

KNESKO LIP \$25

KNESKO FACE \$50

KNESKO DECOLLETE \$35

KNESKO SIGNATURE \$125

DERMAFLASH \$25

A 20% service charge will be added to your treatment based on the full price of the service provided. Also, Alvadora Spa has an 4 hour change or cancellation policy. Therefore, if you should need to change or cancel, please notify the spa 4 hours in advance. Failure to cancel or change an appointment within 4 hours will result in a full charge of the missed treatment.