



# ALVADORA

SPA at ROYAL PALMS



S E R V I C E S

## ♦Water + Body Therapies♦

### CITRUS RITUAL

100 min | \$420

Known as Alvadora's signature treatment, the citrus ritual begins with a full body double exfoliation while water gently cascades from above. Enjoy the waterfall shower, relax in the garden tub and private patio area featuring our raindrop shower and fireplace. The ritual concludes with a customized massage tailored to one's individual needs.

### MEDITERRANEAN RETREAT

100 min | \$420

Utilizing true essences of the Mediterranean, this aromatic experience provides a re-mineralizing and purifying effect. Desert salts polish the skin while healing clays balance and renew the body. The retreat concludes with a customized massage tailored to one's individual needs.

### CBD BRILLIANCE

100 min | \$420

Relax into a soothing bath infused with CBD, Magnesium Epsom Salt, and the calming essential oils of Lavender and Bergamot. Continue the therapeutic journey with a full body scrub, utilizing gentle and invigorating Coconut Sugar + Dead Sea Salts + CBD to renew, polish, and hydrate your skin. The organic hemp-derived CBD penetrates and heals your skin while the beautiful aromas of Palo Santo, Orange, and Vanilla essential oils take you away into a dream like bliss. Experience glowing skin after a full body wrap and soothing massage using a Rosehip and Lavender infused massage oil to lock in moisture, relax tight muscles, and alleviate aches and pains.

### NEROLI BODY POLISH

50 min | \$220

Our signature scent Neroli blends with hydrating sugar in this full body exfoliation followed by a relaxing application of warmed Neroli oil.

### RECOVERY ALOE WRAP

50 min | \$220

The healing and moisturizing properties of aloe and lavender are unrivaled relief for skin stressed by sun or dry climate. Let us first wrap you in soothing aloe gel before massaging your scalp and feet, then nourishing the skin with a deeply hydrating lotion.

## Touchless Wellness



Please note that experiencing a 25 minute Touchless Wellness service does not include access to the spa amenities.

### WELLSYSTEM WAVE MASSAGE

25 min | \$50

Providing holistic relaxation for the body and soul, the Wellsystem Wave Massage uses dry water massage to relieve tension and retain fitness in a relaxed manner. Perfect for those seeking a soothing break from everyday life, long-lasting and beneficial effects including increased energy, relaxation and heightened health and fitness of the back, neck, shoulders and legs.

### VIBROACOUSTIC ELECTRO MAGNETIC & INFRARED THERAPY

25 min | \$50

This all-in-one therapy includes VibroAcoustic, ElectroMagnetic & Infrared (VEMI) technology that uses healing sound resonance in tandem with full-body vibrations, natural earth frequencies and Infrared for an unbelievable mind, body, spirit experience that is only reached in deep meditation states. VEMI restrictions include: Pregnancy.

## • Massages Therapies •

**DESERT SAGE SALT STONE** ..... 50 min | \$220 / 100 min | \$440

An immensely relaxing massage using warmed Himalayan pink salt stones that help to alkalize the skin, remineralize the body, and balance the mind while aromas of Sage, Juniper and Cedar ground and purify.

**MIND & BODY RENEWAL** ..... 50 min | \$220 / 100 min | \$440

An aromatic journey designed to awaken and balance the body's energy centers through an intention based therapeutic blend. This expertly customized aromatherapy experience transports guests into a realm of deep relaxation and restorative comfort.

**ROYAL MASSAGE** ..... 50 min | \$220 / 100 min | \$440

This traditional treatment massage is customized to meet your specific needs. With pressure ranging from light to firm, it will soothe and relax the body, improving circulation, relieving tension and easing muscle fatigue.

**CBD RECOVERY** ..... 50 min | \$260 / 100 min | \$520

Induce deep relaxation and healing with our artisan-crafted, aromatic CBD massage. Infused with six pain-relieving herbs like arnica, ginger, and broad-spectrum organic hemp CBD. This massage is designed to induce deep relaxation and relieve pain associated with arthritis, sprains and strains.

**MOTHER NURTURE** offered in the 2nd and 3rd trimesters ..... 50 min | \$220

Tailored specifically to the needs of pregnancy, this full body massage will soothe body aches and muscle tension all while relaxing the mind.

**WELLNESS REFLEXOLOGY** ..... 50 min | \$220

Rooted in ancient healing practices, this specialized foot therapy reveals a map of the body. A technique of applied pressure to reflex points stimulates the nervous system inducing deep relaxation and restoring inner balance.

**ENERGY HEALING** ..... 50 min | \$220 / 100 min | \$440

A restorative healing practice that promotes wellness and deeply relaxes through light touch. Energy flows through the therapist's hands to areas of need, restoring balance within and connecting you to your higher self.

## Massage Therapy ENHANCEMENTS

Included during the treatment time

**RECOVERY FOOT** \$45

Pure essential oils of peppermint and tea tree blend in a soothing lotion massaged into the feet to uplift and revive while gentle heat soothes and relieves soreness.

**REVITALIZING SCALP** \$30

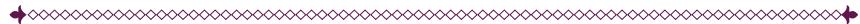
An invigorating blend of rosemary and nourishing plant oils massaged into the scalp.

**MOISTURE INFUSION** \$25

A skin nourishing blend of Shea butter and coconut oil added into any of our specialized Massage Therapies.

A 20% service charge, based on the original price of services, is applied to all services. 100% of the service charge is shared among our colleagues.

## Skin Therapies



### **HYDROGLOW VITAMIN C** ..... 50 min | \$220

Address pigmentation concerns with this intensive brightening facial. A potent dose of Vitamin C, gentle exfoliants, and barrier-supportive ingredients instantly boosts radiance for a more even complexion.

### **ADVANCED REJUVENATION** ..... 50 min | \$220

Designed to address all major signs of aging, this transformative treatment is powered by high performance peptides and clinical grade actives. These advanced peptide technologies visibly improves skin elasticity, softens fine lines and improves overall skin texture.

### **MOISTURE INFUSION** ..... 50 min | \$220

This hydrating treatment quickly replenishes moisture while restoring the skin's natural barrier. Triple weight hyaluronic acid and a patented peptide technology work together to bring skin into balance by plumping, improving moisture retention and increasing radiance.

### **CALMING RECOVERY** ..... 50 min | \$220

This calming treatment addresses sensitivity concerns as it helps to remedy a compromised skin barrier. A soothing blend of anti-inflammatory botanicals, gentle hydrators, and anti-redness peptides works fast to balance skin and increase its resilience and luminosity.

### **SUPERFRUIT ANTIOXIDANT** ..... 50 min | \$220

An exotic cocktail of Goji, Pomegranate, Acai, and Bilberry creates a refreshing enzymatic fruit puree that dissolves lifeless cells while their seeds gently buff them away. These deliciously aromatic superfruits are packed full of vitamin C, minerals, proteins, and age-defying antioxidants to leave the skin looking smooth and vibrant.

## Skin Therapy ENHANCEMENTS



Included during the treatment time

### **DERMAFLASH** ..... \$25

Reveal smooth, glowing, fuzz-free skin with safe and gentle sonic exfoliation.

### **KNESKO EYE** ..... \$25

### **KNESKO LIP** ..... \$25

### **KNESKO FACE** ..... \$50

Firm, lift and hydrate the skin with gemstone infused collagen masks.

A 20% service charge, based on the original price of services, is applied to all services. 100% of the service charge is shared among our colleagues.

Book your escape

602.977.6400 | 5200 E Camelback Rd, Phoenix, Arizona 85018